

## Mr Paul Mitchell

Adjunct Senior Lecturer, School of Medicine,  
University of Notre Dame Australia &  
APCO Executive Committee Member, Auckland, NEW ZEALAND

Mr Paul Mitchell is an Adjunct Senior Lecturer in the School of Medicine at the University of Notre Dame, Australia, and an Honorary Departmental Senior Research Fellow in the Nuffield Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences at the University of Oxford, United Kingdom. He is also a member of the Executive Committee of the Asia Pacific Consortium on Osteoporosis (APCO).

In addition, Mr Mitchell is Chair of the Communications Committee and Executive Committee Member of the global Fragility Fracture Network (FFN), and a member of the Steering Committee of the International Osteoporosis Foundation (IOF) Capture the Fracture® Program.

Mr Mitchell has devoted the past two decades to developing programs to improve fragility fracture care and prevention throughout the world, including initiatives at the global, regional and national level to implement the Fracture Liaison Service (FLS) model of care. He has published and presented extensively on implementation of FLS, and was a co-author of the 2012 IOF World Osteoporosis Day Report on the IOF Capture the Fracture® Program. In 2016, Mr Mitchell was awarded the IOF President's Award in recognition of his personal contribution to the organisation's global activities.

In 2007, Mr Mitchell served as a member of a multidisciplinary group that established the UK National Hip Fracture Database (NHFD). The NHFD has provided a mechanism to benchmark care provided by UK hospitals against national quality standards, and has become the largest continuous audit of acute hip fracture care and secondary prevention in the world, with the care of more than 650,000 patients documented to date.

After emigrating from the UK to New Zealand in 2011, Mr Mitchell contributed to the establishment of the Australian and New Zealand Hip Fracture Registry (ANZHFR). As of December 2020, 22 of the 22 hospitals in New Zealand, and 76 of 96 hospitals in Australia have contributed 12,649 and 43,443 records to the ANZHFR, respectively.

In 2012, Mr Mitchell was invited to join the Board of Trustees of Osteoporosis New Zealand (ONZ) and served as Board Chair from 2014 to 2018. During this time, significant progress was made with implementation of Osteoporosis New Zealand's strategy, *BoneCare 2020*. In 2017, a national multisector effort culminated in the establishment of the *Live Stronger for Longer* program supported by three government agencies: the Accident Compensation Corporation, Health Quality and Safety Commission New Zealand, and the New Zealand Ministry of Health.

"Collaborating with colleagues from across the vast Asia Pacific region to develop The APCO Framework was a definite highlight of 2020," said Mr. Mitchell.

"The Framework achieved a remarkable degree of consensus regarding best practice in the care of people who are at risk of sustaining fragility fractures.

"The population of the Asia Pacific will age at a very rapid rate during the first half of this century, and so maintaining the mobility and independence of our older people will be vital. We hope the APCO Framework will contribute significantly to making this aspiration a reality across the region," Mr Mitchell said.

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